

Vegetables with Cream Cheese Sauce

1 package (16 ounces) frozen vegetables (broccoli, cauliflower and carrots)

2 tbs. butter

2 tbs. flour

1 cup milk

4 ounces cream cheese, softened

1/4 tsp. salt

1/8 tsp. pepper

1/4 cup Parmesan cheese

Cook vegetables until almost done; drain and place in casserole dish. Melt butter in saucepan. Stir in flour until smooth; add milk, cream cheese, salt and pepper, stirring until thick. Pour sauce over vegetables and sprinkle with Parmesan cheese.

Bake at 350° for 30 minutes. Yield: 4 servings.