

Homemade Lotion-Wonderful stuff! Here's Melody Chrisitian's post...

I'm a custodian for a school district and several years ago a teacher who was retiring gave me a recipe she made...I made it up and have been using it ever since.

Recipe:

regular jar of Vaseline

Container of vitamin e lotion

Regular bottle of baby lotion cheap kind from Dollar General works best

I dump it all out in a bowl and use my electric hand mixer to mix it all together thoroughly.

I then return it to its containers or I put it in smaller bottles to put in my purse etc.

The vaseline makes it waterproof which is great because of the constant hand washing and the baby lotion helps it smell good while the vitamin e helps with healing excessive dry skin. I just love it! Works great on really dry feet too!!!