

Sparkling Strawberry Jam (made with gelatin)

(1 pint)

2 envelopes unflavored gelatin

12-ounce can strawberry diet carbonated beverage

2 cups strawberries

1 tablespoon granulated artificial sweetener

Sprinkle gelatin over beverage in saucepan. Add berries; simmer 10 minutes. Add sweetener. Beat with mixer until smooth. Pour into containers. Cover. Store in refrigerator

Sugar Free Blueberry Jam 4 cups blueberries, 1 1/2 cups splenda, 3 tbs. lemon juice, 1 pkg powdered pectin. Combine berries, lemon juice, pectin. Bring to boil for 1 min. Add splenda. Return to boil for 2 minutes. Ladle into prepared jars and wait for 5 minutes