

## **Brown Sugar & Garlic Chicken**

Ingredients:

- 1 1/2 lbs chicken
- 2 tablespoons of garlic salt
- 1 cup of soy sauce
- 2 packed cups of brown sugar
- 2 tablespoons of vinegar

Directions: Combine all ingredients together into a resealable gallon-sized freezer bag and zip closed. When ready to eat, remove from freezer and thaw in fridge for 24 hours. Cook on HIGH for 3-4 hours or LOW for 6-7 hours.