

Crockpot beef stroganoff

Ingredients°

2 pounds of cubed beef stew meat or 4 cups of cooked ground beef°

2 cans of cream of mushroom soup°

1 cup chopped onion°

2 T Worcestershire sauce

°½ c water°

1 c. sour cream°

2T minced garlic°

packet of onion soup mix°

chopped mushrooms (optional)°

egg noodles (to serve over the day you cook)

Instructions

1. Cook meat & let it cool. Add all ingredients to a gallon size freezer bag except egg noodles. Seal and place in freezer. When ready to use thaw in fridge overnight. Cook on low for 4-6 hours. Serve over egg noodles.