Applesauce Bars

By Nancy Compton Huskins on Tuesday, September 24, 2013 at 3:50am Thanks to Dawn! Yummy!

Ingredients

1/4 cup butter, softened

2/3 cup brown sugar

1 egg

1 cup applesauce (pear sauce also works great)

1/2 cup all purpose flour

1/2 cup wheat flour

1/2 tsp baking soda

1/2 tsp salt

1/4 tsp ground ginger

1/4 tsp ground nutmeg

1/2 tsp cinnamon

1/2 cup craisins or pieces of chopped apples or raisins

1/2 cup chopped, walnuts

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- 1 1/2 cups confectioners' sugar
- 3 Tbsp margarine or butter, melted
- 1 Tbsp milk
- 1 tsp vanilla extract

Directions

Preheat the oven to 350 degrees F (175 degrees C). Grease a 9x13 inch baking pan. In a medium bowl, mix together the butter, brown sugar and egg until smooth. Stir in applesauce.

Combine the flours, baking soda, salt and spices; stir into the applesauce mixture until well blended. Stir in Craisins.

Spread evenly into the prepared pan. Bake for 25 minutes (check at 20 minutes with a wooden pick) in the preheated oven, or until edges are golden. Cool in the pan over a wire rack.

In a small bowl, mix together the confectioners' sugar and margarine. Stir in vanilla and milk until smooth. Spread over cooled bars, sprinkle with chopped walnuts before cutting into squares.