

CORN BEEF HASH by Vickie Wright

Hash is a easy peasy canning idea for quick breakfasts !!

cube corn beef, or even regular beef, or venison (i raw pack or just use leftovers)

slice potatoes (I do about 1/4 to 1/2 inch thick)

fill to the 1 inch line

throw in a few peppercorn or if using raw corn beef just split the seasoning packet, a dab of garlic powder and a dab of onion powder top with boiling water

Pressure can pints for 75 minutes quarts for 90 minutes

Note: I throw in diced onions as well